

February 2019

Mon	Tue	Wed	Thu	Fri
				1 10:15 – 11am Walking Club at the Rec Centre
4 1:30-2:30 Music Club at ELC \$1	5 1:45-2:45 Music Therapy \$7	6 11-11:30 Dance at Infinity – Cost \$8.50 1 – 3pm Bowling at Mike's Lanes \$5	7	8 10:15 – 11am Walking Club at the Rec Centre
11 1:30-2:30 Music Club at ELC \$1	12 1:45-2:45 Music Therapy \$7	13 11-11:30 Dance at Infinity – Cost \$8.50 1 – 3pm Bowling at Mike's Lanes \$5	14	15 10:15 – 11am Walking Club at the Rec Centre
18 Family Day – Ark Closed	19 1 – 3 Band Jam	20 11-11:30 Dance at Infinity – Cost \$8.50 1 – 3pm Bowling at Mike's Lanes \$5	21	22 10:15 – 11am Walking Club at the Rec Centre
25 1:30-2:30 Music Club at ELC \$1	26 1:45-2:45 Music Therapy \$7	27 11-11:30 Dance at Infinity – Cost \$8.50 1 – 3pm Bowling at Mike's Lanes \$5	28	